Coverage for: Single + Spouse and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network \$350 /Individual or \$700/family. Out-of-network \$700/Individual or \$1,400/family	Generally, you must pay the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Physician visits, prescription drugs and out-patient mental health and substance abuse.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,150/Individual or \$16,300/family. Out-of-Network - Unlimited	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket-limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Copayments, premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket-limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.anthem.com.or or call National PPO for a list of network providers	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> . This <u>plan</u> does not cover out-of-network services. You will receive a bill from a <u>provider</u> for the provider's charge (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	This plan will pay some or all of the costs to see a specialist for covered services.





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need Notwork Provide		Out-of-Network Provider (You will pay the most)		
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> : <u>deductible</u> does not apply.	50% coinsurance	Out-of-network based on Plan max.	
If you visit a health care provider's office or clinic	Specialist visit	\$35 <u>copay</u> /visit: <u>deductible</u> does not apply.	50% coinsurance	Chiropractor & therapies limited to 30 visits per year.	
or chilic	Preventive care/screening/ immunization	No charge	50% coinsurance	Out-of-network based on Plan max.	
lf von hone a toot	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	Out-of-network based on Plan max. Not covered at a Hospital unless the test cannot be performed at a diagnostic center or participating labs.	
If you have a test	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	Pre-certification required. Not covered at a Hospital unless the test cannot be performed at a diagnostic center or participating labs.	
If you need drugs to	Generic drugs	\$0 copay retail/\$0 mail.	Not covered	Covers up to 34-day supply retail. 90-day	
treat your illness or condition	Preferred brand drugs	25% coinsurance.	Not covered	supply mail order maximum. Retail claims - EmpiRx: (877) 241-7123	
For information visit www.empirxhealth.com	Non-preferred brand drugs	50% coinsurance.	Not covered	Mail order claims: (877) 241-7123	
or call (877) 241-7123	Specialty drugs	Not covered	Not covered	Specialty drugs are available through Payer Matrix only at 1-877-305-6202.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	Pre-certification required.	
surgery	Physician/surgeon fees	30% coinsurance	50% coinsurance	Pre-certification required.	
If you need immediate	Emergency room care	30% coinsurance	30% coinsurance	Balance above \$250 will be paid at 70% after meeting plan deductible.	
medical attention	Emergency medical transportation	30% coinsurance	50% coinsurance	No coverage for Air Transport	

		What You Will Pay			
Common Medical Event	Services You May Need Network Provider (You will pay the least) Out-of-Network Provider (You will pay the most)		Limitations, Exceptions, & Other Important Information		
	Urgent care	\$25 <u>copay</u> : <u>deductible</u> does not apply.	50% coinsurance	None	
If you have a hospital	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
stay	Physician/surgeon fees	30% coinsurance	50% coinsurance	Pre-certification required.	
If you need mental health, behavioral	Outpatient services	\$35 <u>copay</u>	50% coinsurance	None	
health, or substance abuse services	Inpatient services	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
	Office visits	\$35 <u>copay</u>	50% coinsurance	None	
If you are pregnant	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	Normal delivery/48 hours. Cesarean section/96 hours. Pre-certification is required.	
	Childbirth/delivery facility services	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
	Home health care	30% coinsurance	50% coinsurance	Pre-certification required.	
	Rehabilitation services	30% coinsurance	50% coinsurance	Outpatient: limited to 30 visits per calendar	
If you need help	Habilitation services	30% coinsurance	50% coinsurance	year. Inpatient limited to 120 days per calendar year. Pre-certification is required.	
recovering or have	Skilled nursing care	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
other special health needs	Durable medical equipment	30% coinsurance	50% coinsurance	Shoe inserts are covered for up to a maximum payment of \$500 every 2 years.	
	Hospice services	30% coinsurance	50% coinsurance	Maximum of six months and three bereavement counseling sessions. Precertification is required.	
If your obild woods	Children's eye exam	No charge	Not covered	In-network only up to Plan maximum.	
If your child needs dental or eye care	Children's glasses	No Charge	Not covered	None	
domail or eye oure	Children's dental check-up	No charge	Not covered	In-network only up to Plan maximum.	



Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cochlear implants
- Cosmetic surgery
- Infertility treatment
- Acupuncture
- Dependent Pregnancy

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Transplants
- Initial \$25,000 in medical charges resulting from a motor vehicle accident not covered

- Routine foot care
- Weight loss programs
- Hearing aids
- Dental care (adults)
- Routine eye care (adults)
- Pain Management
- No coverage outside of the United States

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care, up to 30 visits per year.
- Routine eye care exam, (dependent child only)
- Routine dental checkup (dependent child only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends.

You may also contact the Department of Labor's Employee Benefits Security Administration at: 1-866-444-EBSA or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> SPD provides complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>

Does this plan provide Minimum Essential Coverage? [Yes]

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne'

———To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist [cost sharing]	\$35
■ Hospital (facility) [cost sharing]	10%
Other [cost sharing]	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$8,000

In this example, Peg would pay:

Cost Sharing			
Deductibles	\$350		
Copayments	\$35		
Coinsurance	\$990		
What isn't covered			
Limits or exclusions	\$100		
The total Peg would pay is	\$1,475		

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist [cost sharing]	\$35
Hospital (facility) [cost sharing]	10%
Other [cost sharing]	30%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$350
Copayments	\$140
Coinsurance	\$450
What isn't covered	
Limits or exclusions	\$100
The total Joe would pay is	\$1,040

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist [cost sharing]	\$35
■ Hospital (facility) [cost sharing]	10%
Other [cost sharing]	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$3,500

In this example, Mia would pay:

Cost Sharing			
Deductibles	\$350		
Copayments	\$390		
Coinsurance	\$828		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,568		